



THE  
**WORKING WOMENS**  
CONFERENCE

**PROGRAMME**

07H30 – 08H30	<b>Registration</b> <b>Exhibition Hall open to delegates</b>
08H45	Conference Welcome & Opening & Today's Intention <b>Menét Hamel – GBS Branch Manager, Cape Town</b>
09H00	Persistence: The Story of Chaeli Mycroft <b>Michaela (Chaeli) Mycroft, Ability Activist</b>
09H45	Courageous Conversations: How can we talk candidly about gender, race and class <b>Tabea Kabinde, Transformation Specialist</b>
10H30	<b>Tea Break</b> <b>Exhibition Hall open to delegates</b>
11H15	A call to corporate South Africa: Gender equality is a workplace issue, not a women's issue <b>Thembi Chagonda, Managing Director GBS</b>
12H00	Mindfulness-Based Stress Reduction Programme (MBSR) <b>Linda Kantor, Psychologist, Mindfulness Trainer, Hypnotherapist and Yoga Teacher</b>
12H30	<b>Lunch</b> <b>Exhibition Hall open to delegates</b>
13H30	Welcome back relaxation technique
13H45	Being an authentic leader in today's complex world <b>Prof Shirley Zinn, CEO Shirley Zinn Consulting, Director of Boards, Author of "Swimming Upstream"</b>
14H30	Persistence in times of challenge <b>Linda Goldberg, Founding Member of GBS</b>
15H15	<b>Closing remarks</b> <b>Exhibition Hall open to delegates</b>